

# Spring Activities

## at Perrott Hill



Welcome to the Perrott Hill extra-curricular activities programme for next term. The main programme of activities for all children takes place after school on Mondays, Tuesdays, Thursdays and Fridays. Some paid activities, such as tennis and ballet, take place outside of the usual activity slots. The following information and booking form relates to the main activities taking place from 1610-1745 each day; for paid activities taking place outside of these times, please contact Mr Silk at [wsilk@perrotthill.com](mailto:wsilk@perrotthill.com). Parents are asked to discuss the following options with their child and fill in the online booking form as soon as possible, no later than 12noon on Monday 30th December 2024.

You are choosing one activity per day, with a second option in case the first is full. We do not offer activities on a Wednesday, as we encourage an early pick up (1600 for Pre-Prep, 1610 for

Prep or after matches). However, all children staying in school will be supervised. The following pages provide an overview for each club, which we hope is useful. The clubs have been carefully chosen to enrich our pupils' learning, as well as encouraging them to develop their passions and hopefully find some new ones. Paid activities are marked with an asterisk (\*), while those with a nominal fee to cover materials are marked with a double asterisk (\*\*). Paid activities are very popular and often oversubscribed. Please ensure you chose a different second choice if you do not have a confirmed place from Mr Silk. You can read further information about paid activities, including costs, on page 8. Activities change each term and we are always open to suggestions – please email me on [ssheldon@perrotthill.com](mailto:ssheldon@perrotthill.com) if there is something you'd like to see included for next term.

Simon Sheldon  
Director of Sport and  
Activities Co-ordinator

# Pre-Prep Activities Overview



## Monday

Round the World Cookery* (EYFS & KS1) with C Turner	We will be exploring cuisines and cooking dishes from all over the world. Please bring in a container to take your food home in.
Multi Sports Club	Come and join us in our multi-sports club, we'll have something different and exciting to try every week!
After School Care	ASC is led by a different member of the Pre-Prep staff team each evening in the Pre-Prep classrooms and courtyard. Children engage in free-choice activities and enjoy the company of their friends. It's very much a social occasion and all Pre-Prep children are welcome to attend.

## Tuesday

Round the World Cookery* (EYFS & KS1) with C Turner	We will be exploring cuisines and cooking dishes from all over the world. Please bring in a container to take your food home in.
Speech and Drama* (EYFS & KS1) with R Durrant	In this club we will explore settings, characters, stories and emotions through a variety of games, role play, songs and poetry. Excellent for building confidence, creativity and teamwork skills.
Chess (KS1) with A Dawson	Come along and enjoy the game for the mind. Have fun learning about the pieces and the moves then enjoy putting it all into action in a game!
After School Care	As above

## Wednesday

After School Care	As above
-------------------	----------

Activities which incur an additional charge (above the usual After School Care charges) are marked with an asterisk\*

# Pre-Prep Activities Overview

Thursday	
Speech and Drama* (EYFS & KS1) with R Durrant	In this club we will explore settings, characters, stories and emotions through a variety of games, role play, songs and poetry. Excellent for building confidence, creativity and teamwork skills.
Dance Club (EYFS) with J Sails	This is a fun dance club to pop music, where we will use our memory to learn routines to the songs. It develops balance, co-ordination, strength, flexibility and improves agility.
Tinker Club (KS1) with O Woods	Explore the Tinker Lab and take part in a range of STEM tasks including electronics, coding, engineering and mechanics.
After School Care	As above

Friday	
Arts and Crafts** with C Layove	We will be creating art and craft items based on themes of Chinese New Year, Valentine's Day, Mother's Day and Easter.
Eat Right to Stay Bright** (KS1) with A Dawson	A fun cooking club where we enjoy making a range of culinary delights, from kebabs to pizza from salad to cookies! Through a focus on the Eatwell Guide children will develop their understanding about the balance of foods in a healthy diet and will learn about the five main food groups.
After School Care	As above

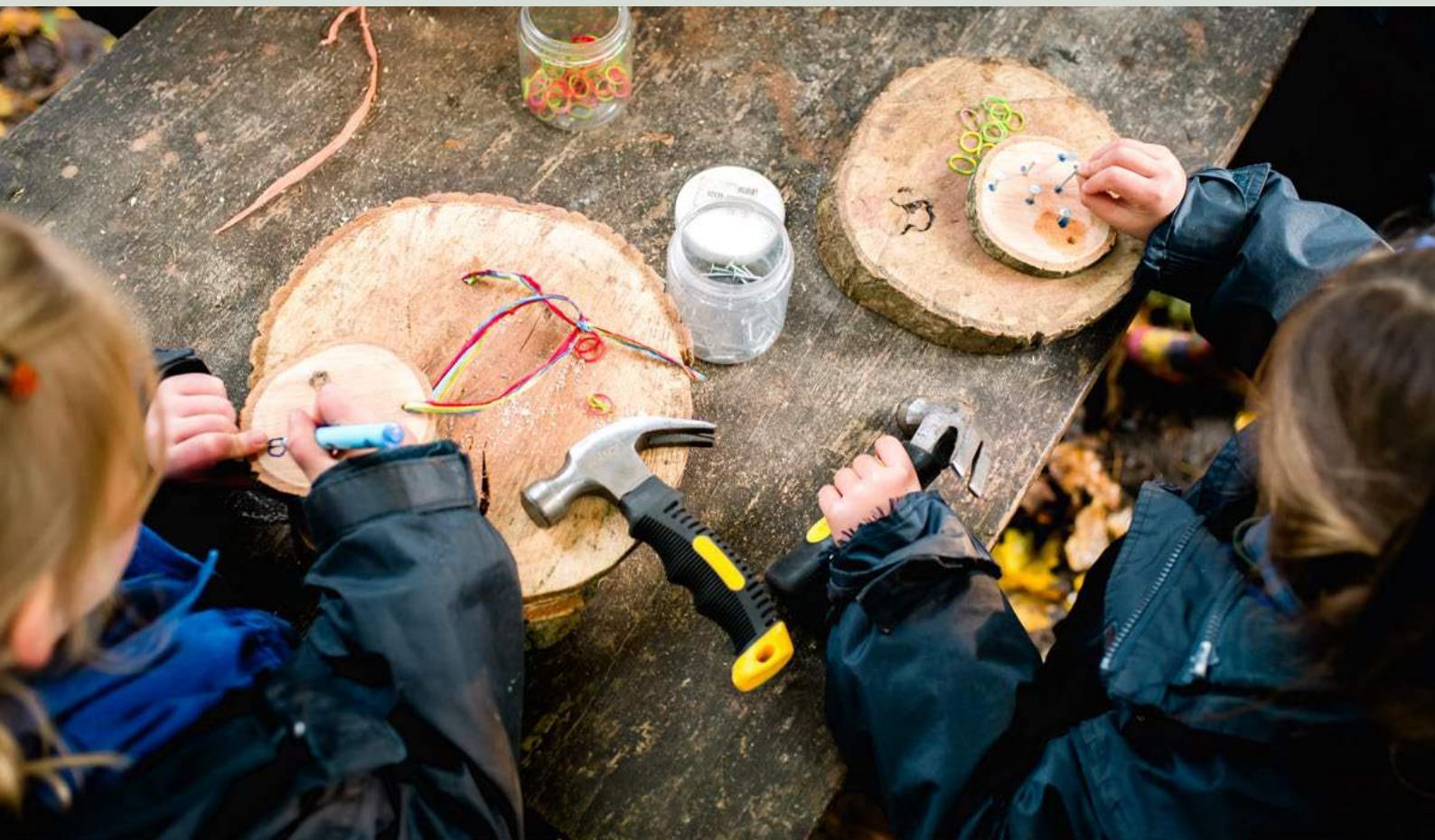
## After School Care Charges and Paid Activities

Please note that all after school activities for Pre-Prep children run from 1615-1715, with after school care available until 1745. You will be charged one of the following charges per night:

	Pre-Prep Staff Activity and/or ASC	Paid Activities*
1615-1715	£4.50	£8.80
1615-1745 (to include ASC from 1715-1745)	£6.80	£8.80

\*\*Additional charge to cover external teacher and/or consumables. Round the World Cookery remains at £8 per session.

In Pre-Prep children are also able to do tennis (Years 1 and 2), karate (Years 1 and 2) and ballet (Nursery to Year 2) during the school day. Please email Mr Silk on [wsilk@perrothill.com](mailto:wsilk@perrothill.com) to sign up for additional paid activities, unless your child is already enrolled in which case they will automatically roll on into this term. Further information can be found on page 5.



# Years 3-5 Activities Overview



Paid activities are marked with an asterisk\*. Any club which has a nominal charge for materials is marked with a double asterisk\*\*. Please see page 8 for costs.

Monday	
Orchestra with J Shortman	After laying foundations in instrumental lessons and learning to play with others in our beginner ensemble groups, musicians who play an orchestral instrument are invited to join the orchestra once they have reached Grade 1 standard.
Hockey Club with S Sheldon	We will be playing lots of games of hockey while improving our stick-on-ball skills and understanding of the game in a fun environment.
SWEAT with H Davies-Evitt	Introducing the new SWEAT Activity for pupils in years 5-8! If you want to boost your fitness levels, build strength, and have a blast with your friends, this is the perfect opportunity. Join Mr. Evitt, your new fitness coach, as he guides you through fun HIIT (High, Intensity Interval Training) workouts designed to educate and challenge you for a long and healthy lifestyle. Enjoy the rush of endorphins while listening to energising music in the sports hall. Don't miss out on the fun—come sweat it out with us and take the first step towards a fitter, stronger you. Hope to see you there.
Junior Strings with R Greenwood	For our string players, this ensemble will be the first stepping stone to developing their ensemble skills and learning to play with others - which is half the fun of making music! Pupils learning violin, viola or cello will be invited to join this ensemble as soon as they are ready to do so, usually during the first or second term of taking individual lessons. When they are ready to do so, they will then graduate to our String Ensemble, which meets first thing on Tuesday mornings.
Hamma Beads with P Fletcher	Give full rein to your creativity using colourful Hamma beads. Fill your world with colour and pattern while making a variety of fun coasters and ornaments.
Carpentry* with I White	Carpentry is led by our school handyman, Ian White, and offers a comprehensive guide to wood working.
Cricket Coaching* with M Davis	This will look at both individual and game-based skills. Children will get the opportunity to improve their bowling action, range of batting shots and fielding skills in a small group setting getting constant feedback.

Tuesday	
Binca Club with S Bresland	You will have the chance to learn a range of embroidery stitches including running, back, cross and chain stitch to create your own bookmarks, place mats and much more.
Touch Typing with S Henning	Get into great habits by learning how to touch type, a skill that will enhance work forever.
Multi Sports with P Fletcher	Pupils will play a range of team sports and activities on the Astro with Miss Fletcher.
Netball Club with G Symes	Pupils will practice basic netball skills such as passing, shooting, defending and footwork, participating in drills and teamwork exercises. There will also be lots of opportunity for fun match play.
Pinhole Photography* with D Johnson	This is led by professional photographer and former parent, Deborah Johnson. The course takes place in the Art Studios and incorporates a wide range of technical skills including photographic development.

# Years 3-5 Activities Overview

Thursday	
Young Farmers' Club with W Silk	'Farmer Time' gives children a chance to learn about agriculture from farmers in the real and virtual worlds. Prepare to get your hands dirty as we explore what it takes to get our food from gate to plate!
Football with P Coverdale	Learn some match play in a fun environment. You will have the chance to develop skills, learn about space and types of passing while having fun with friends.
Printmaking with T Palmer	Explore different ways of making prints. Pupils will work on chosen themes, while carving linos, etching, screen printing and experimenting with more alternative printmaking.
Run Club with B White	Hit the ground running! Cross Country/Run Club is about having fun whilst improving your fitness and pushing your limits. We will meet each week for group runs with different routes. Open to all abilities, this is a great way to build endurance. Lace up your trainers and get ready to run!
Pom-pom Crafts with S Byrne	Have fun while learning how to design and create a range of striped and colourful pom-poms. You can also add extras (wiggly eyes/ legs/ wings) to make birds and beasts such as Easter chicks and rabbits.
Perrock and Perroll* with A Waite and A Lane	Join one of our school rock bands Perrock! or Perroll! These clubs are for selected pupils only initially so please only choose it if you have received an invitation.
Gymnastics* with J Hodgson	Coaching is led by our British Gymnastics coach Chris Hodgson and his team and is open to children in Years 3-8. It takes place in the Sports Hall and encompasses a broad range of disciplines from floorwork to vaulting.
Golf* with M Luckett	The children will be taken to Yeovil's state-of-the-art driving range to learn the techniques needed to play on any course in the future. The chance to be taught by a professional with years of experience is one not to be missed.
Carpentry* with I White	Carpentry is led by our school handyman, Ian White, and offers a comprehensive guide to wood working.
Friday	
Flipbook Animation Club with A Chapman	Learn to create fun, moving stories one page at a time. Whether it's a bouncing ball, a flying dragon, or your own unique characters. Join our Flipbook Club and turn your ideas into motion!
Football with H Davies Evitt	Learn some match play in a fun environment. You will have the chance to develop skills, learn about space and types of passing whilst having fun with friends.
Spy Club with H Crane and L Brooks	Calling all wannabe spies! Come and learn how to crack codes, dress in disguise, spy on people and get through a locked door. All this and more.
Cricket	Working mainly in the nets, get your eye in for the upcoming season and challenge yourself to learn new techniques to improve your play.
Beginners Spanish with C Ovey	We will learn the basics of the Spanish language through a mixture of games, songs and video clips. Studies show that learning a language can help enhance language and listening skills, and improve one's memory and ability to multitask. Spanish is one of the top languages in the world in number of native speakers and number of countries where it is an official language. A very useful language to know!
Yoga and Wellbeing with I Melligan	This is a holistic, movement-based session that will relax, strengthen and nourish you. We will have a mental wellbeing focus each week, to complement our yoga flow, which will help you manage stresses, worries and your mindset in a positive way. Complementary mindfulness and breathing activities will teach you skills to use in your daily lives to help you feel happy and well. Come and join us for a fun and healthy way to take care of our mental and physical wellbeing.



# Years 6-8 Activities Overview



Paid activities are marked with an asterisk\*. Any club which has a nominal charge for materials is marked with a double asterisk\*\*. Please see page 8 for costs.

Monday	
Orchestra with J Shortman	After laying foundations in instrumental lessons and learning to play with others in our beginner ensemble groups, musicians who play an orchestral instrument are invited to join the orchestra once they have reached Grade 1 standard.
Geometric Drawing with H Crane	Create a variety of bits of art based on adding and understanding the properties of geometric shapes. Ideal for the bussing architects who need to learn 2D and 3D drawing skills.
First Aid with S Sheldon	Learn some basic lifesaving skills from CPR and the recovery position, as well as how to treat simple cuts, bruises and sprains.
Multi Sports with A Finch	Pupils can play a range of team sports/activities on the Astro, chosen by Mr Finch.
Ceramics Double Session** with T Palmer	A hands-on club, pupils will work with clay and explore different slips and glazes as they learn about the ceramic process.
Carpentry* with I White	Carpentry is led by our school handyman, Ian White, and offers a comprehensive guide to wood working
Cricket Coaching* with M Davis	This will look at both individual and game based skills. Children will get the opportunity to improve their bowling action, range of batting shots and fielding skills in a small group setting getting constant feedback.
Tuesday	
Creative Writing with B White	Where imagination knows no bounds! Creative writing is a welcoming space which allows you to explore your creativity. Each week will feature fun writing prompts, with different styles and genres. Come with ideas, leave with inspiration and write the stories you've always wanted to tell!
Touch rugby with W Heroy	Build up handling skills and work on running lines to enjoy getting ready for the Autumn term in a fun and friendly way.
Architectural CAD club with O Woods	Students will learn how to use various CAD software to create 3D models. They will use software such as Tinkercad, to learn about creating designs with a focus on scaling, and SketchUp, to explore architectural processes.
Music Tech with J Shortman	For all budding composers! An opportunity to explore and learn a range of music software, with near infinite possibilities to compose brand new music. On occasions this can lead to us performing your new arrangements and compositions in school.
Pinhole Photography* with D Johnson	This activity is led by professional photographer and former parent, Deborah Johnson. The course incorporates a wide range of technical skills including photographic development and takes place in the Art room
DT with C Johnson	Run by OPH Chester Johnson, DT is an introduction into the world of design, looking at design concepts, drawing techniques, and model making. A great opportunity to hone skills ahead of scholarships or simply to advance in the design world.

# Years 6-8 Activities Overview

Thursday	
Touch Typing with S Henning	Get into great habits by learning how to touch type, a skill that will enhance work forever!
Football with W Heroy	Learn some match play in a fun environment. You will have the chance to develop skills, learn about space and types of passing whilst having fun with friends.
Woods with Ms Bresland	This club offers children the choice to enjoy the woods, build dens, climb trees (within limits!) and hang out with their friends. Pupils will need a head torch, boiler suit and wellies.
Printmaking with T Palmer	Explore different ways to create prints. Pupils will work on chosen themes, and experiment with more alternative printmaking by carving linos, etching and screen printing.
Perrock and Perroll* with A Waite and A Lane	Join one of our school rock bands Perrock! or Perroll! These clubs are for selected pupils only initially so please only choose it if you have received an invitation.
Gymnastics* with J Hodgson	Coaching is led by our British Gymnastics coach Chris Hodgson and his team and is available for children in Years 3-8. Gymnastics takes place in the Sports Hall and encompasses a broad range of disciplines from floorwork to vaulting.
Golf* with M Luckett	The children will be taken to Yeovil's state of the art driving range to learn the techniques you need to play on any course in the future. The chance to be taught by a professional with years of experience is one not to miss.
Carpentry* with I White	Carpentry is led by our school handyman, Ian White, and offers a comprehensive guide to wood working.

Friday	
Beginners Spanish with C Ovey	Learn the basics of the Spanish language through a mixture of games, songs and video clips. Studies show that learning a language can help enhance language and listening skills, and improve one's memory and ability to multitask. Spanish is one of the most spoken languages in the world, so is a very useful one to know.
Multi Sports with P Coverdale	Pupils can play a range of team sports/activities on the Astro, chosen by the children. Sports on offer include basketball, ultimate frisbee, unihoc, rounders, capture the flag, bulldog, football, manhunt, dodgeball, American Football, Aussie Rules and Touch Rugby.
Dungeons and Dragons with A Chapman	Use your imagination and roll dice to travel on an exciting adventure full of swords and sorcery.
Yoga and Wellbeing with I Melligan	This is a holistic, movement based session that will relax, strengthen and nourish you. We will have a mental wellbeing focus each week, to complement our yoga flow, which will help you manage stresses, worries and your mindset in a positive way. Complementary mindfulness and breathing activities will teach you skills to use in your daily lives to help you feel happy and well. Come and join us for a fun and healthy way to take care of our mental and physical wellbeing.
Cricket Coaching*	Working mainly in the nets, get your eye in for the upcoming season and challenge yourself to learn new techniques to improve your play.



# Paid Activities Overview



## Paid Activities

In addition to the unpaid activities, those detailed with an asterix (on the online booking form) are subject to an additional cost. You can make your choices on the form, but please also email Mr Silk to **confirm** your booking if this is a **new** choice. If you would like to do a Taster Session, please list this activity as your first choice. If you decide not to take the activity up. You can revert to your second choice. Paid activities are run by professional coaches and, with the exception of golf, take place on campus. A full term's notice is required to cancel a paid activity, and you will be charged for any sessions missed (unless it is cancelled by the coach or coincides with a school commitment such as a trip). The online booking forms only detail those activities which take place from 1610-1745. For paid activities outside these times, please contact Mr Silk.

PAID ACTIVITY	DAY & TIME	COST per session
Ballet	Tuesdays 1250-1320, 1320-1350 & 1350-1420 and Thursdays 1250-1330	£12.10
Carpentry	Mondays and Thursdays 1625-1705	£12.10
Cricket Coaching	Mondays (Years 5-8) 1615-1655 & 1700-1740	£11.40
Golf	Thursdays 1645-1730	£11.40
DT	Tuesdays (Years 6-8) 1625-1745	£12.10
Gymnastics	Thursdays 1625-1705	£12.10
Karate	Fridays 1250-1330 and 1330-1410	£12.10
Perroll! and Perrock!	Thursdays 1625-1705 and 1705-1745	£7.70
Pinhole Photography	Tuesdays 1625-1745	£12.10
Round the World Cookery	Mondays and Tuesdays from 1615-1715	£8.80
Tennis	Mondays and Tuesdays 1250-1330 and 1330-1410	£12.20